## Woolworths Net Set Go



| Rule | Set Teir - 8yrs | Go Teir-9yrs |
| :---: | :---: | :---: |
| Match Duration | $4 \times 10 \mathrm{~min}$ quarters | $4 \times 10 \mathrm{~min}$ quarters |
| Goal Posts | 2.4 m high | 3.05 m high |
| Ball | size 4 | size 4 |
| Time to pass | 5 seconds | 4 seconds |
| Short pass | 1. Ball must be thrown not handed to a player. 2. If two players from the same team gain possession of the ball, it is NOT deemed a short pass | 1.Ball must be thrown not handed to a player. 2. If two players from the same team gain possession of the ball, it is NOT deemed a short pass |
| Replayed Ball | A player who fumbles the ball while gaining possession will not be considered to replay the ball | A player who fumbles the ball while gaining possession will not be considered to replay the ball |
| Footwork | 1-2 steps to regain balance can be taken | Shuffling on the spot without moving down the court is allowed to regain balance |
| C Pass | C Pass will be taken by the non scorring team | C pass to be alternate |


| Offside | A player who moves into the offside area and self corrects will not be penalised for offside. <br> 2. Play will continue when two players move into the offside area at the same time and one player comes in contact with the ball. 3. Players are to be guided not oenalised for moving into offside areas. | Usual offside rule applies however considertion needs to be gven to the age and skill level of the players. 2. Play will continue when two players move into the offside area at the same time and one players comes in contact with the ball. 3. Players are to be guided not oenalised for moving into offside areas. |
| :---: | :---: | :---: |
| Breaking | A player who breaks at the C pass will not be penalised | Players should be guiided not penalised however if the player continues to break at thr C pass they may be penalised after given guidance to correct thr action. |
| Defence | Strict one on one defence . No defending on the shot of goal | Strict one on one defence, players may defend the shot at goal |
| Obstruction | Distance of 1.2 meters to defend players. Guidance should be given to all players to defend with their arms up at this distance. If a player reguarly obstructs they may be penalised | Players may defend from a distance no less than 1.2 meters. A player who is within 1.2 meters of their opponent cannot use movements that takes the arms awayfrom the body so as to limit the movement of an opponent. |
| Substitutions | Gamer time should be evenly distrubuted amongst all players.Unlimted substitutions can be made | Gamer time should be evenly distrubuted amongst all players.Unlimted substitutions can be made |

$\left.\begin{array}{lll}\text { Penalty Pass } & \begin{array}{l}\text { Player taking a penalty pass must } \\ \text { stand in the correct position and } \\ \text { wait for the offending player to } \\ \text { stand beside before passing the } \\ \text { ball }\end{array} & \begin{array}{l}\text { Player taking a penalty pass must } \\ \text { stand in the correct position and } \\ \text { wait for the offending player to } \\ \text { stand beside before passing the } \\ \text { ball }\end{array} \\ \hline \text { Adavantage } & \text { This does not apply } & \text { This does not apply } \\ \text { Game Management } & \begin{array}{l}\text { This does not apply } \\ \text { Coaching }\end{array} & \begin{array}{l}\text { This does not apply } \\ \text { Both coaches will enter the field } \\ \text { of play and encourage both } \\ \text { teams to play the game in good } \\ \text { spirit with good sportsmanship } \\ \text { demonstrated. Direction of play }\end{array}\end{array} \begin{array}{l}\text { Coaches are permitted to walk } \\ \text { along the sideline only to guide } \\ \text { players and encourage their team } \\ \text { to play in good spirit and } \\ \text { demonstrate good sportmanship }\end{array}\right]$

